

October 2023 | Monthly Newsletter



MURIEL STEELE SOCIETY



UCSF | Department of Surgery



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Dear Muriel Steele Society Members,

With the arrival of Fall and the dawn of October, we usher in a brand new month filled with exciting events that you won't want to miss!



Mark Your Calendars!

Upcoming Events

October 3

Tuesday, 5:30pm

“Blue Ticket” film screening and Q&A with UCSF Alumni Dr. Maureen Longworth

Location: Genentech Hall on Mission Bay campus (600 16th Street)

You are invited to join Maureen Longworth, MD '83, for a **FREE special campus showing and discussion** of her new award-winning film, **Blue Ticket**, which is a historical fiction/romantic thriller based on true stories gathered about LGBTQ Alaskan men secretly removed by police and their vigilantes in the 1960s

[Click here to RSVP](#)
& see details

October 6

Friday, 6-8pm

MSS Medical Student Suturing Potluck

The MSS Medical Student Committee is excited to host our **annual Fall Suturing Potluck** to teach medical students knot tying techniques and suturing! Senior medical students will be teaching (MS3/4s).



(photo from last year's potluck)

[Click here to RSVP](#)

October 14

Saturday, 10-11am

In-person Breakfast and Stretching/Ergonomics Session

with Pancea

Location: Golden Gate Park (Hellman Hollow Picnic Area, 800 John F. Kennedy Dr.)

The MSS Wellness Committee is inviting you to an **in-person breakfast and stretching/ergonomics session** with **Pancea**. You will have the opportunity to learn science-backed stretching and movement techniques that can be applied in the OR and throughout your workday! The goal will be to alleviate tension in your neck, shoulders, hips, knees, and lower back. **Don't forget to bring your yoga mat and water!**

[Click here to RSVP](#)
to get headcount
for food!

More about Pancea:
www.pancea.ai

You can reach out to Camilla.Gomes@ucsf.edu,
Colleen.Flanagan@ucsf.edu, or
Jaeyunjane.wang@ucsf.edu with questions!



Reflections

September is a month of celebration and reflection! September 15th marked the first day of **Hispanic Heritage Month**. We also celebrated **Women In Medicine Month**, which honors physicians who have offered their time, wisdom, and support to advance women with careers in medicine. We acknowledged our past, present, and future female colleagues for their dedication as physicians and surgeons. We continue to take inspiration from amazing female role models in both our personal and professional lives and strive for excellence and harmony in our work both inside and outside of the hospital.





Highlights of Events


9/20/2023

UCSF Naffziger Surgical Society Day and Loupes Ceremony for Our Amazing R2s!

The mission of the Naffziger Surgical Society is to promote connection, scholarship, and mentorship between UCSF alumni, faculty, and trainees.



Tips for Surgery Residency Program Interviews

In September, the MSS Medical Student Committee, Surgery Interest Group (SIG) and Near Peer Mentors hosted a residency prep panel with faculty members for 4th-year medical students applying into General Surgery.  [see post on instagram](#)

Here are some highlights from the session that are generally applicable to other surgical subspecialties!



From the MSS Residency Prep Panels

- Look at interview dates posted on residency program websites for planning purposes
- **All programs will send invitations from 10/26-10/31 for first-round offers**
- Think of interviews as an opportunity to **be authentic** and share what makes you you
- Make sure your technology and wifi connection work
- Have a nice Zoom background
- Refresh your CV and be prepared to discuss it

- Ask insightful and sincere questions that show you have thought about the program
- **Classic interview questions:**
 - Talk about the greatest challenge you've overcome
 - What are you most proud of?
 - Why did you go into surgery?
 - Where do you see yourself in 10-15 years?
- Show gratitude to all personnel organizing the interview day
- **Be engaged and be enthusiastic!**





Achievements & Announcements

Urology



Dr. Lindsay Hampson named **Residency Program Director** and the **Frank Hinman, Jr, MD Endowed Professor** in Urologic Education!



Dr. Michelle Van Kuiken named **Assistant Program Director** of Urology Residency Program!

Otolaryngology | Head and Neck Surgery



Congratulations to the newest **UCSF Health Lean Champion, Dr. Kristina Rosbe** who successfully completed Improvement & Leadership teach back, the culmination of UCSF Health's most intensive continuous improvement training program.

Congratulations to **Dr. Yue Ma** for receiving the **Maxine Papadakis Award for Faculty Professionalism & Respect!** who is an exemplar in treating students & all others in the clinical environment with professionalism, courtesy & respect.



Dr. Jennifer Grandis will be presenting her talk "Building and Sustaining Careers: A Gender Equity Lens" as the **Keynote Speaker** at the Opening Ceremony of **AAO-HNS 2023 Annual Meeting** (American Academy of Otolaryngology - Head and Neck Surgery) on October 1, 2023



Achievements & Announcements

Department of Surgery

The Surgical Skills Lab held its annual “Foundational Skills Assessment” last month. There were 38 interns and 14 faculty from 8 specialties attended. We are so proud of all the interns and their progress and so grateful for our faculty evaluators! **Congratulations to the winners Fernanda Romero-Hernandez, Nicole Lee, and Anya Edwards!**



Congratulations to **Dr. Marissa Boeck** for receiving a **UCSF CTSI KL2 Career Development Award** for her project “Identifying & Addressing Unmet Needs of Non-Violent Injury Survivors at a Safety Net Hospital in San Francisco”, which grants her 3 years of financial support totaling \$435,000!



Congratulations to **Dr. Lan Vu** for receiving the prestigious **2022-2023 Henry J. Kaiser Award for Excellence in Teaching** in the Inpatient Care Setting. A testament to her exceptional dedication and impact on medical education!





MURIEL STEELE SOCIETY

Achievements & Announcements



Congratulations to our Vice Chair of Quality and Safety, **Dr. Elizabeth Wick** who received a 5-year grant of \$7 million from the NIH National institution of Aging for her project “I CAN DO Surgical ACP (Improving Completion, Accuracy, and Dissemination of Surgical Advanced Care Planning) Trial”.

During the American Association for the Surgery of Trauma (AAST) Business Meeting, **Dr. Rochelle Dicker** was named Manager-at-Large for the next 3 years, joining faculty member & Chief of Surgery at ZSFG, Dr. Joe Cuschieri who represents Surgical Critical Care on the Board of Managers. Congratulations, Dr. Rochelle Dicker!







SBAS & AWS Visiting Professor




We are excited to be **the host institution** for the 2023-2024 SBAS (Society of Black Academic Surgeons) & AWS (Association of Women Surgeons) Visiting Professor, **Dr. Chelsea Dorsey**, who will be hosted for 2 days at UCSF to offer presentations and connect with local women surgical faculty, residents, and students. **Welcome, Dr. Chelsea Dorsey!** (click [link](#) for more details)



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Research & Mentorship

Join the UCSF MSTP Physician-Scientist Network

Calling all surgeon-scientists: The **UCSF MSTP community** has created a **network of physician-scientists** at UCSF, with the goal of facilitating collaboration and mentorship. This network includes over 300 physician-scientists at all stages of training, from students to residents/fellows to faculty. **If you would be interested in participating** in this community, both as a mentor to more junior trainees or to identify additional mentors of your own, please fill out this [survey link](#).

Contact lakyn.mayo@ucsf.edu for more information.



Join Lunch/Dinner Discussions with Women Physician-Scientists

MSTP Women's Group hold **quarterly lunch/dinners** where they invite women physician-scientists to join them to discuss topics including their career paths, specialties, and work-life balance.

If you are interested in participating in the quarterly lunch/dinners, please **email lakyn.mayo@ucsf.edu to be added to invitation list.**



Join the UCSF Women Physician-Scientists Supergroup (WPSS)

UCSF Women Physician-Scientists Supergroup (WPSS) is a **professional network of physician-scientists at UCSF** formed for advocacy, mentorship, and networking across the post-graduate physician-scientist career pathway. WPSS spans 14 clinical departments in the School of Medicine and includes early, mid-career and tenured faculty, post-graduate/postdoctoral research fellows, and senior clinical fellows. **The WPSS mission is to #SeeHER #BridgeHER #AdvanceHER for increased visibility, funding, and advancement.**



For more information and to get involved, see website: <https://womenphysicianscientists.ucsf.edu>

Thanks for reading!
MSS Communications Committee

If you have anything you would like to feature (articles, advice, work photos/achievements, family/personal photos/achievements, etc) in this new section of our newsletters, please send an email to themurielsteelesociety@ucsf.edu.

The Muriel Steele Society is an inclusive community dedicated to inspiring, supporting, and promoting women surgeons so they can thrive at all stages of their careers. We will be hosting events throughout the year to foster a strong community of allies and to achieve the goal of continued excellence at UCSF. The Muriel Steele Society is dedicated to diversity, equity, and inclusion of colleagues, trainees, and learners at UCSF and beyond, who identify as women, transgender, and nonbinary in surgical fields. Our overarching goal is to advocate for a culture of belonging - free of bias and discrimination - that is focused on expanding the advancement of all genders and the broader LGBTQ+ community in surgery. All women surgeons or medical students interested in surgery are included in the society but we recognize that some women may have been inadvertently left out of these emails. Please forward to anyone who you think might like to be included in the MSS. **If you are interested in membership**, please email us at themurielsteelesociety@ucsf.edu.

For more information about the Muriel Steele Society, please visit our website or follow us on Twitter.

Have an opportunity or event that you'd like to share with the MSS membership? Email us at themurielsteelesociety@ucsf.edu.

Want to become more involved with the Muriel Steele Society? We especially welcome women in other surgical departments to join our Executive Council! Email co-chairs Mika Varma (mika.varma@ucsf.edu) or Lucy Kornblith (Lucy.Kornblith@ucsf.edu) for more information.



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