## July 2024 | Monthly Newsletter



# Muriel Steele Society



Sponsored by the UCSF Department of Surgery

Cover by Rachel Huynh | Newsletter by Allison Chang



Happy July to all our Muriel Steele Society members!

Below you'll find updates, celebrations, and highlights of MSS members across specialties!



# New Publication: Congratulations to Dr. Collins and Dr. Bongiovanni!





"Disparities in Access to Trauma Care, Management and Outcomes of Critically III Adult Trauma Patients" in *Critical Care* Clinics is now available to read online.

Congratulations to Dr. Caitlin Collins and Dr. Tasce Bongiovanni for publishing their work on this important aspect of trauma care!

"Disparities exist for patients with trauma across the care continuum, from prehospital settings to postdischarge.

"More data on unrepresented groups and research on upstream factors affecting all patients with trauma are critical to measure and improve outcomes for these vulnerable populations."



Read here!





### New Publication:

# "Promoting Female Surgeons Through Structured Award Nominations"



Congratulations to **Dr. Karen Trang, Dr. Caroline Stephens, Dr. Colleen Flanagan, Dr. Ava Yap, Dr. Audrey Brown, Dr. Yvonne Kelly, Dr. Heather Yeo, Dr. Julie Ann Sosa, Dr. Lucy Kornblith, and Dr. Madhulika Varma** on their new publication in the *Annals of Surgery*!

Read more about the inspiration for this paper and some highlights on the team's findings—interview from **Dr.**Karen Trang below!























Read here!

### How was this paper inspired by Dr. Yeo's April 2024 MSS Grand Rounds visit?

"Dr. Yeo was such an inspiration during her visit! We were discussing the MSS sponsorship efforts during a bit of downtime between her meeting sessions and she told me that she was impressed with our success and felt that the greater academic community would be interested in learning more about how we do this, which encouraged our group to write it up!"

Are there any findings or future directions that you would like to highlight for our readers?

"Sponsorship of women and gender minority surgeons for awards is so important and really makes a lasting impact on surgeons' careers. We wanted to describe how we do this in a transparent way and provide others with tools to streamline the process.

As MSS grows, we would love to extend these efforts to additional surgical subspecialties outside of general surgery and see more amazing surgeons in our UCSF community get the recognition they deserve."

"It's hard to capture years of commitment and hard work to this effort in a short piece, but each author has really done so much to sponsor our MSS surgeons. We hope to inspire more people to join our efforts!"

- Dr. Karen Trang



Have a new publication to highlight in the MSS Newsletter?



Let us know by submitting this form here, and the MSS Communications team will be sure to highlight your publication in an upcoming MSS Newsletter!

https://forms.gle/guR7Qz3 mVexy7n147



# Complete the new ACS national well-being survey!





Individualized survey links were emailed on June 3rd—please email
wellbeingsurvey@facs.org if you are a practicing surgeon and did not receive a link.



Learn more here!

MSS members are encouraged to complete this new **national well-being survey**, a part of research being conducted by UCSF's **Dr**. **Carter Lebares** on surgeon well-being.

The purpose of the survey is to pursue these important long-term goals:

- Increase understanding of the surgeon workforce.
- Identify workplace processes that enhance or inhibit surgeon well-being.
- Understand surgeon clinical and non-clinical workload and compensation.
- Use this data to drive evidence-based advocacy for surgeon workplace well-being.





# New AWS Communication Committee Liaison: Nawal Yessuf





Please welcome Nawal Yessuf, UCSF medical student, as the new liaison to the MSS Communications Committee!

If anyone is seeking to advertise anything in our social media or future newsletters, please contact Nawal at Nawal. Yessuf@ucsf.edu!



# Updated UCSF Travel Policy: Travel-Related Dependent Care



MSS is happy to share that UCSF travel policy has been updated, effective January 1, 2024, to include new benefits for the reimbursement of **dependent travel expenses** associated with University business travel!

This new policy allows for the reimbursement of costs including additional dependent care support, travel expenses, and breastmilk shipping.



Read more here!





### AWS Institutional Benefits — Renewed!



UCSF's AWS Institutional Membership benefits have been renewed for the upcoming year!

To all our faculty, residents, and trainees—don't miss out on the **invaluable resources** available through membership in the **Association of Women Surgeons (AWS).** If you have any questions or need assistance in utilizing your benefits, feel free to reach out to the MSS Communications Committee.



### Mark your Calendars!!! 2024 AWS Annual Conference



Save the date for #AWS2024! The AWS
Annual Conference provides
educational content, presentations by
leaders in surgery, mentoring
opportunities, and professional
development. Join us right here in San
Francisco from Friday, October 18 to
Saturday, October 19.

#### Faculty:

AWS colleagues invite you to join them as a member of the Association of Women Surgeons.





#### Residents:

All UCSF residents in the Department of Surgery are institutional members of AWS through UCSF—we encourage you to fully leverage the diverse range of benefits AWS membership offers.

#### **Medical Students:**

Medical students are encouraged to join AWS for a fee of \$25—becoming a member will provide multiple networking opportunities for students at the AWS conference taking place in SF later this year!



### AWS Benefits

#### Networking Opportunities:

Connect with a global community of female surgeons, fostering collaboration and mentorship.

## Educational Resources:

Gain access to exclusive webinars, workshops, and publications to stay informed on the latest advancements.

## Mentorship Programs:

Benefit from mentorship opportunities that can provide guidance and support at every stage of your career.

## Career Development:

Access resources aimed at enhancing your professional skills and advancing your career in surgery.

### Thanks for reading!

#### MSS Communications Committee:

Resident Leads: Alexis Colley, Fernanda Romero-Hernandez

Medical Student Lead: Aileen Gozali

Newsletter: Allison Chang, Reta Behnam

Social Media: Rachel Huynh, Nikki Mahendru, Reta Behnam

If you have anything you would like to feature (articles, advice, work photos/achievements, family/personal photos/achievements, etc) in this new section of our newsletters, please send an email to themurielsteelesociety@ucsf.edu.

The Muriel Steele Society is an inclusive community dedicated to inspiring, supporting, and promoting women and other gender minority surgeons so they can thrive at all stages of their careers. We will be hosting events throughout the year to foster a strong community of allies and to achieve the goal of continued excellence at UCSF. The Muriel Steele Society is dedicated to diversity, equity, and inclusion of colleagues, trainees, and learners at UCSF and beyond, who identify as women, transgender, and nonbinary in surgical fields. Our overarching goal is to advocate for a culture of belonging - free of bias and discrimination - that is focused on expanding the advancement of all genders and the broader LGBTQ+community in surgery. All women and gender minority surgeons or medical students interested in surgery are included in the society but we recognize that some may have been inadvertently left out of these emails. Please forward to anyone who you think might like to be included in the MSS. If you are interested in membership, please email us at themurielsteelesociety@ucsf.edu.

For more information about the Muriel Steele Society, please visit our website or follow us on Twitter.

Have an opportunity or event that you'd like to share with the MSS membership? Email us at themurielsteelesociety@ucsf.edu.

Want to become more involved with the Muriel Steele Society? We especially welcome women in other surgical departments to join our Executive Council! Email co-chairs Mika Varma (mika.varma@ucsf.edu) or Lucy Kornblith (Lucy.Kornblith@ucsf.edu) for more information.

