December 2024 | Monthly Newsletter



MURIEL STEELE SOCIETY



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Sponsored by the UCSF Department of Surgery

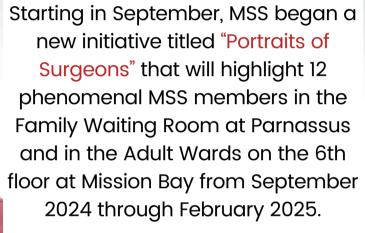
Newsletter by Reta Behnam



Happy December to all our Muriel Steele Society members!

Please read below to see upcoming events and higlights of member achievements!

The MSS Surgeon Spotlight Series!

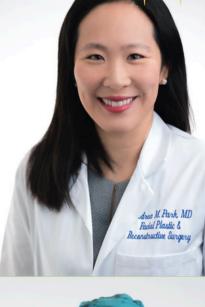


The surgeons who were highlighted throughout the month of November

were Dr. Maanasa Indaram,
Pediatric Ophthalmologist and
Dr. Ashley Jeanlus, ObGyn
Reproductive Justice Advocate
(pictured on the left)

The December highlights are

Dr. Andrea Park, Facial Plastic and
Reconstructive Surgeon and
Dr. Merisa Piper, Plastic and
Reconstructive Surgeon
(pictured on the right)







New Senior Resident Spotlights!



What is your favorite memory from training? There are too many to choose just one! I love anytime our resident crew has the chance to spend time together-- my co-residents are the best.

What's the best piece of advice you've received during your training?

Someone told me early on to treat every surgery as an opportunity to improve; it's easy to go through the motions during residency, but the time passes by quickly and I've found this sentiment especially salient in my last year of residency. Every patient and every case presents an opportunity to learn and refine your skills, so make the most of these moments while you have the guidance and expertise of mentors readily available.

> What do you like to do for fun? Run, get outdoors, spend quality time with my people (and dog!)

> > Starkweather, Neuros

What is your favorite memory from training? Seeing my first ever deep brain stimulation case in medical school was like magic. Once the stimulation electrodes were turned on intraoperatively, the

patient could hold a water bottle steady for the first time in years! It has been really special then getting to do those sorts of cases years later as a resident.

What's the best piece of advice you've received during your training?

To improve my grip strength (I did by hitting the climbing gym!

What are your most important personal and professional achievements to date?

Looking back, I'm proud of the research I accomplished during my PhD on reinforcement learning circuitry in the midbrain dopamine system. I am proud of reading Greenberg's Handbook of Neurosurgery cover to cover 3 times although it was very painful. I am proud of getting to feel progressively more confident in the operating room, although I am often and easily humbled. As a research year resident, I am currently proud and excited about the research I've doing in human intracranial electrophysiology studying the neural basis of decision-making.



MURIEL STEELE SOCIETY

Past and Upcoming Events!



Gowning and Gloving Event!

> where medical students were introduced to the routines of the OR!

This past month the MSS
Education and Resource
Committee hosted their annual



Thank you to everyone who attended the quarterly executive council meeting and annual holiday party this past Wednesday!

Special thanks to Dr. Coleman for being our fantastic sommelier and Dr. Varma for being our gracious host!

If you would like to get involved with MSS leadership please reach out to lucy.kornblith@ucsf.edu and mika.varma@ucsf.edu





MSS Research Committee Updates:

Research Symposia Recap

On Thursday, November 9th The Muriel Steele Society Research Committee held its Fall 2024 Research Symposium titled Optimizing the Research Mentor-Mentee Relationship!



Special thanks to our panelists and moderators, Dr. Rita Mukhtar, Dr. Elizabeth Wick, Dr. Karen Trang, Dr. Kimberly Kirkwood, Dr. Patricia Conroy!

Celebrating 50 years of the Committee on the Status of Women

The committee plays an important role at UCSF, working to modernize and expand family-friendly policies at UC, address the diverse caregiving needs of women throughout their careers, and incorporate new voices into their efforts. As part of its equity-driven mission, CSW often advocates to extend benefits that faculty members receive to staff employees and learners.

Women have come a long way at UCSF. Our total population is now 63 percent women. Women make up 50 percent of faculty, 66 percent of staff, and 58 percent of postdocs, trainees, and students. Chancellor Susan Desmond-Hellmann was our first woman chancellor from 2009-2014 and established the ODO in 2010. The current Chancellor's Cabinet is 33% women, including former CSW chair Kathy Giacomini, PhD, now dean of the School of Pharmacy. In the School of Medicine (SOM), women faculty or faculty from groups that have been historically marginalized in medicine now hold 67% of Dean's Council and 44% of SOM leadership positions.





Visit their website here!



MSS Research Committee Updates:

Recruiting Participants!

Focus Group Interest Form - Barriers and Facilitators of Professional Advancement Amongst Underrepresented Groups in Academic Surgery

We are asking you to take part in a research study being done by Muriel Steele Society at the University of California, San Francisco.

We are holding a focus group to understand the barriers and facilitators associated with becoming a leader in academic surgery among participants from intersectional underrepresented backgrounds. The focus group will be confidential, last about 1.5 hours, and participants will be compensated \$25 for your time.

We are recruiting academic surgeons at UCSF who self-identify as a gender minority in their surgical field and URiM.

If you are interested in participating or learning more, please fill out this brief interest survey. For any questions or concerns, please reach out to Dr. Varma (mika.varma@ucsf.edu) or Katherine Miclau (katherine.miclau@ucsf.edu). Thanks!





Congratulations to Dr. Tasce Bongiovanni and Colleagues!

New Online

Views 74,

Research Letter | Pacific Coast Surgical Association

November 6, 2024

Pain Assessment in Older Adults After Traumatic Injury

Natasha Gonzalez, BA¹; Hope Schwartz, BA¹; Rebecca Menza, RN, PhD, ACNP²; Amy M. Shui, MS, MA³; Robert Mackersie, MD⁴; Tasce Bongiovanni, MD, MPP, MHS⁴

Author Affiliations

JAMA Surg. Published online November 6, 2024. doi:10.1001/jamasurg.2024.3368

For being published in JAMA Surgery!

Read her article here:







AWS Updates

December 12 at 4 PM PT:

Building an Academic Foundation Setting Up Your Practice the First 100 Days Virtual

Register by emailing katherine.miclau@ucsf.edu

January 21 at 5 PM PT:

AWS Journal Club

Virtual

Register by emailing katherine.miclau@ucsf.edu

<u>Listen to AWS Podcast here:</u>

Produced by the AWS Communications
Committee, podcasts feature inspiring
interviews with women surgeons recorded
during national meetings, in hospitals, and at
the AWS annual conference. Hear from leaders
in healthcare, research, and education.

Read and Write for the AWS Blog here:

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Thanks for reading!

MSS Communications Committee:

Resident Leads: Alexis Colley, Fernanda Romero-Hernandez

Medical Student Lead: Mandeep Kaur

Nowslotter: Pota Rohnam, Allison Chang

Newsletter: Reta Behnam, Allison Chang

Social Media: Rachel Huynh, Nikki Mahendru, Reta Behnam

If you have anything you would like to feature (publications, advice, work photos and achievements, family or personal photos and achievements, etc) in this new section of our newsletters, please send an email to themurielsteelesociety@ucsf.edu!

For more information about the Muriel Steele Society, please visit our website or follow us on Twitter and Instagram.

Have an opportunity or event that you'd like to share with the MSS membership? **Email us at themurielsteelesociety@ucsf.edu.**

