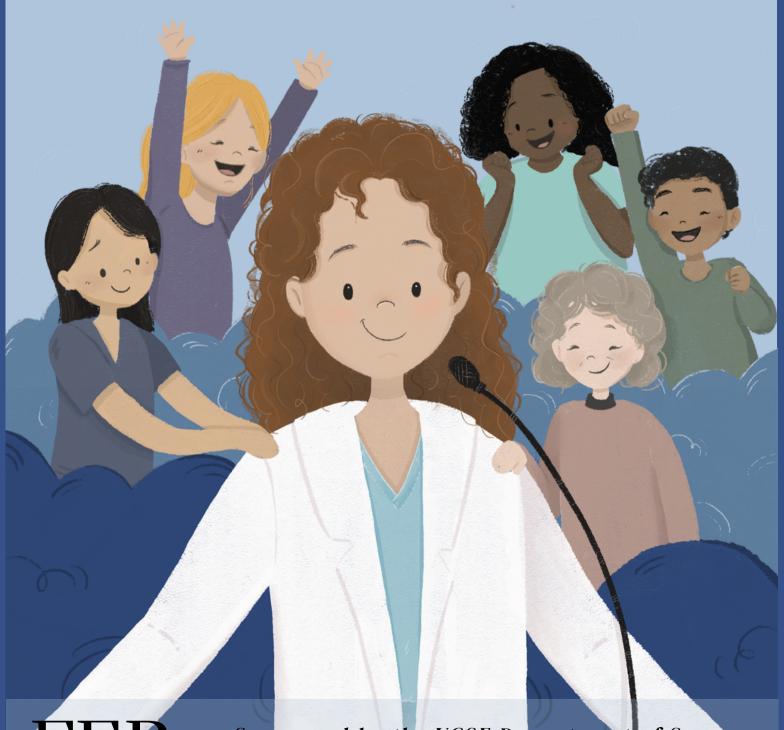
February 2024 | Monthly Newsletter



## MURIEL STEELE SOCIETY



FEB.

Sponsored by the UCSF Department of Surgery

Cover Art by Aileen Gozali (medical student)



Happy February to all our Muriel Steele Society members!

We hope the new year has treated you well so far. Below you'll find updates, celebrations, and highlights of MSS members across specialties!



#### 🤾 New Spotlight: Dr. Patricia Loftus, MD



Dr. Patricia Loftus was recently interviewed by medical student Maria Lee about her surgical journey, advice for other female surgeons, and her inspirations. Dr. Loftus is an Associate Professor in the Department of Otolaryngology— Head and Neck Surgery at UCSF.

She completed a fellowship in Rhinology and Endoscopic Skull Base surgery at Emory University Hospital. Below is an excerpt from her spotlight that is now live on the MSS website!



"So that is what inspires me:
the patients who I am privileged
to help, and the students who
remind me how lucky I am to
do what I do and who allow
me to show them that they
can "do it all" as well."











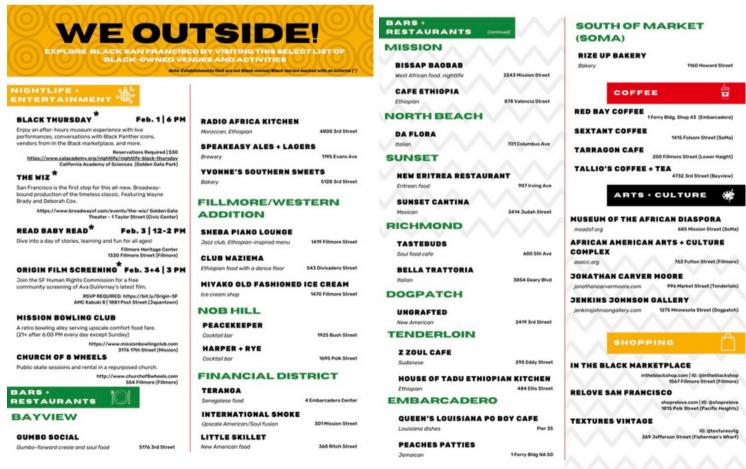
#### February is Black History Month!



Each year, Black History Month has a specific theme that highlights different aspects of African American history and culture. For 2024, the theme is "African Americans and the Arts" spanning the many impacts Black Americans have had on visual arts, music, cultural movements, and more.

To celebrate this month, consider attending the **Museum of the African Diaspora** in SOMA! They have **free admission** to all exhibitions on the second Saturday of every month. And check out the flyer below for different Black owned businesses to support around the Bay this month!







## Mark your Calendars!!! MSS and the Surgery Interest Group

#### Spring 2024 Surgical Skills Workshop

This symposium is hosted by residents and senior medical students and serves as an orientation to the operating room, an opportunity to get hands-on practice in surgical skills such as gowning and gloving. It is also a chance to meet and learn from female surgical mentors!

If you are an MS1 interested in attending, please scan the QR code on the right to register!

And if you are an M3/M4 or resident interested in teaching please email Alyssa.Murillo@ucsf.edu and Caroline.Stephens@ucsf.edu!

#### **Event details:**

Date: Sunday. 2/25/24
Time: 11 am - 1pm (lunch provided)
Location: Mission Bav
Attire: Blue UCSF scrubs





#### **Event details:**

Date: Friday, 3/1/24 Time: 8am - 5pm Location: UCOP in Oakland





Mark your Calendars!!!

UC Wide Health Sciences Leadership

Development Conference:

'Innovating the Future: Women Leaders as Catalysts for Change'

The inaugural UC Health Sciences Leadership
Development Conference will be held in Oakland to bring
together the UC Health community to share best practices,
connect UC and national leaders, and discuss strategies to
help drive change and innovation.

The event will consist of thematic and TED-type talks, breakout sessions, panel discussions, and workshops.

For more information, the conference agenda, and to register, please scan the QR code to the left!



# Mark your Calendars!!! MSS Wellness Committee and Pancea: Managing Stress and Burnout Webinar

This webinar is hosted by the MSS Wellness Committee in collaboration with Pancea, a woman majority health tech group that is working to reimagine relief for chronic pain by providing on the go guidance and care.

What better way to kick off the new year than through this workshop that will touch on how to introduce practical selfcare tips into your daily routine and how to spot early signs of burnout and reverse/manage its impact.

This session will be led by Dr. Sundas Pasha Fick, a licensed Clinical Psychologist. Check your emails for a flyer and scan the QR code on the right for the Zoom Link!

Finding Balance: Stress Reduction Strategies for Healthcare Professionals







#### **Event details:**

Date: Wednesday. 2/21/24 Time: 6:30-7:30pm Location: Zoom





#### ASRM Conference Recap

In January, MSS members in the Division of Plastic and Reconstructive Surgery attended the American Society for Reconstructive Microsurgery Conference in the Bahamas!



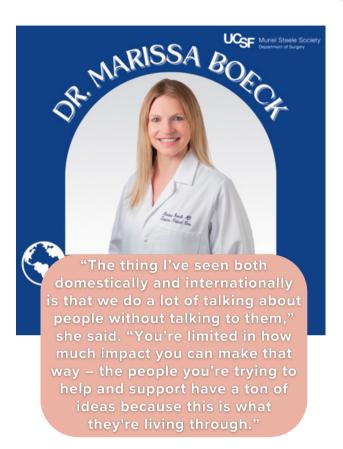
Congratulations to all our colleagues who presented posters, moderated discussions, and had podium presentations!





### **+**+

#### Highlight of Achievement



Congratulations to MSS member, Dr. Marissa Boeck, for being awarded the 2023 Early Career Global Health Scientist Award by the UCSF Institute of Global Health Sciences!

Dr. Boeck is a trauma and critical care surgeon with research interests in understanding the underlying causes of gun violence and what social factors make it more common in some San Francisco neighborhoods than in others.





#### Highlight of Achievement

Congratulations to MSS member, Dr. Emily Finlayson, and our colleague Dr. Wen Shen for being appointed the UCSF Fishbon Endowed Chairs in Ambulatory Surgery I and II!

Dr. Finlayson is a colorectal surgeon with expertise in the treatment of colon and rectal cancer, ulcerative colitis and Crohn's disease.

Dr. Shen is an endocrine surgeon who specializes in surgery of the thyroid, parathyroid and adrenal glands.

## Highlighting Research Excellence: MSS Members at

🧊 the 19th Academic Surgical Congress in DC!

Many of our MSS members will be showcasing their remarkable research at the upcoming 19th Annual Academic Surgical Congress in Washington, DC, from February 6-9. You can find all of UCSF's accepted works below. Follow along on our instagram to see when and where everyone will be presenting!





Race and Operative Experience in General Surgery Residency Training: A Qualitative Review



Presenter:
Nicole Panzica
Medical Student

Authors: N. Panzica, A. Cortez, K. Lynch, A. Gillis, B. Lindeman, H. Chen, J. Fazendin, P. Zmijewski





Presenter:
Bethany Erb
Medical Student

Authors: B. M. Erb, H. Braun, C. J. Im, E. Nies, E. J. Gordan, C. Thiessen





Shared Decision-Making Tool for Gender Affirming Mastectomy: Patient Satisfaction and Experience



Presenter: Nina Mehta, MS4 Division of Plastic &

Contributing Authors: N. R. Mehta, S. Song, M. Mclaughlin, E. Kim





Impact of adapting a surgical safety checklist training to a virtual platform in Ethiopia



Presenter: Maia Nofal, MD, MPH General Surgery Resident

Aucnors: M. R. Nofal, T. Negussie Mammo, S. Taye Haile, N. Starr, M. Asrat, N. Gebeyehu, A. Tesfaye, H. Woldeamanuel, M. Daba, T. G. Weiser





Concerns with Crowdfunding for Solid

Organ Transplant-Related Expenses

Impact of the COVID-19 Pandemic on Surgical Trauma Case Rate Across Mexican States



Presenter: Taylor Wurdeman, MD, MPH General Surgery Resident

Authors: T. Wurdeman, N. Kumar, A. Gerk, J. Bistre-Varon, S. Juran, A. Ramos-De La Medina, S. Klug, T. Dey, F. Vega-Rivera, T. Uribe-Leitz





The Current State of Blood Availability in Mexico



Presenter:
Nikathan Kumar, MD
Department of Surgery

Contributing Authors: N. S. Kumar, T. Wurdeman, A. Gerk, J. Bistre-Varon, A. Ramos-De La Medina, F. ega-Rivera, T. Dey, S. Juran, T. Uribe-Leitz,





Policy Implications of Variation in Surgical Volume Amidst COVID-19 in Mexico: A Specialty Analysis



Taylor Wurdeman, MD, MPH General Surgery Resident

Authors: J. Bistre-Varon, T. Wurdeman, L. Nunes Campos, N. S. Kumar, A. Gerk, T. Dey, A. Ramos-De La Medina, F. Vega-Rivera, J. Klug, S. Juran, T. UribeLeitz,





How to Build an Academic Powerhouse: Let's Study Who's Doing it



Presenter:
Tejas Sathe, MD
Surgical Innovation
Fellow

Contributing Authors:
O. S. Sathe, T. S. Sathe





Evaluation of ChatClinic's Al-Simulated Clinical Interactions Using LLMs and Human Experts



athaniel Verhagen

Medical Student

Authors: N. B. Verhagen, N. Wolfrath, T. Sathe, M. Shah, K. Nimmer, C. Tomlin, J. Peschman, P. Murphy, S. Dream, A. Kothari





Optimizing surgery for lobular breast cancer: rates of oncoplastic surgery and shave margins by BMI



PI: Rita Mukhtar,
MD
Department of Surgery

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Wound Care Strategies: Complexity in Online Patient Education Materials



PI: Esther Kim, MD
Division of Plastic &
Reconstructive Surgery

Contributing Authors: I. O. Falade, J. Wilson, M. Mehari, D. Soroudi, S. Song, E. Kim





Laparotomy Patient Outcomes at the National Referral Hospital in Dar es Salaam Tanzania



Pl: Marissa Boeck, MD, MPH Department of Surgery

Contributing Authors: R. Brand, L. Akoko, E. Obed, O. Miraftab-Salo, M.





Factors Contributing to Follow-up Loss for Traumatic Injury Survivors in the San Francisco Bay Area



Pl: Marissa Boecl MD, MPH, FACS Trauma Surgeon

Authors: J. C. Pang, C. R. Collins, J. Reid, L. Z. Chehab, A. R. Campbell, J. Cuschieri, A. Sammann, M. A. Boeck





The Clinical Significance of Penetrating and Blunt Trauma Following Temporary Abdominal Closure



Contributing Author: Carissa Villanueva, MD General Surgery Resident

Authors: N. J. Alcasid, C. Villanueva, E. Calabrese, C. J. Susai, E. Landry, A E. Mendoza, T. D. Browder, G. P. Victorino





CRISPR/AAV Genome Editing Restores Hemoglobin Production in Athalassemia Hematopoietic Stem Cells



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Attitudes Toward Improving OR Sustainability: A Survey of U.S. Academic Surgeons



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Department of Surgery

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The Antibiotic Timeout: a quality improvement program to reduce postsurgical antibiotics in Ethiopia



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Language Serving Hospitals Have Fewer Readmissions for Patients with Non-English Primary Language



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Uncovering Distinctions Between the Regenerative and Fibrotic Programs of the Oral Mucosa and Skin



ontributing Author Jessica Cook

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Social Vulnerability Impacts Postoperative Delirium Following Open Abdominal Aortic Aneurysm Repair



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Sociodemographic and Clinical Risk Factors for Chemical Restraint Use among Adult Trauma Patients



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Esophageal Cancer Staging in Malawi: Feasibility of Routine Imaging in Patients Undergoing Endoscopy



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Pediatric Firearm Injury and State Firearm Prevalence in Mexico: A National Analysis



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Training Local Birth Attendants in Diagnosis and Early Management of Congenital Anomalies in Uganda



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#### Thanks for reading!

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Medical Student Lead: Aileen Gozali Newsletter: Reta Behnam, Allison Chang

Social Media: Rachel Huynh, Nikki Mahendru, Reta Behnam

If you have anything you would like to feature (articles, advice, work photos/achievements, family/personal photos/achievements, etc) in this new section of our newsletters, please send an email to themurielsteelesociety@ucsf.edu.

For more information about the Muriel Steele Society, please visit our website or follow us on Twitter.

Have an opportunity or event that you'd like to share with the MSS membership? Email us at themurielsteelesociety@ucsf.edu.

