

May 2025 | Monthly Newsletter



MURIEL STEELE SOCIETY



MAY

Sponsored by the UCSF Department of Surgery

Newsletter by Grace Kloss

Instagram: @MURIELSTEELESOCIETY_UCSF

<https://murielsteelesociety.ucsf.edu>



MURIEL STEELE SOCIETY

Happy May to all our Muriel Steele Society members! We hope you are making the most of this spring!

Below you'll find updates, celebrations, and highlights of MSS members across specialties!

Women's Health Awareness Month

May is Women's Health Awareness Month! Join us in recognizing the dedication, talent, and impact of the incredible surgeons at UCSF—at work and beyond. Scan the QR code to explore events hosted by UCSF Health!



Dr Hiramoto: UCSF Health Spotlight

We're thrilled to celebrate Dr. Jade Hiramoto, Professor of Surgery in Vascular and Endovascular Surgery and Vice Chair of Clinical Affairs, on being named UCSF Health's April Spotlight Award recipient!



"If I could give my younger self advice, I would tell myself to believe in my abilities and not let self doubt hold me back. I think it's easy to feel like an imposter early on, but I would tell myself that I am more than capable and to allow myself some grace as I grow into the role"

– Dr. Hiramoto



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New Spotlight: Dr. Caitlyn Collins!

THE MSS SPOTLIGHT SERIES

**Dr. Caitlyn Collins**

Interviewed by Saffanat Sumra

Dr. Caitlyn Collins is an Assistant Professor of Surgical Critical Care and Trauma Surgery at UCSF. She completed her General Surgery residency training at UCSF in 2022 and completed a master's degree in public health at Berkeley with a focus on Global Health. Her research has focused on alternative payment models, health equity, and quality improvement within surgical populations.

Below is an excerpt from her spotlight, conducted by medical student Saffanat Sumra that is **coming soon to the MSS website!**

"Remember that your unique perspective and experiences are valuable assets in healthcare. Don't be afraid to bring your whole self to your work and advocate for changes you believe in"





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Past event: MSS / SIG Meet and Greet

We had a fantastic turnout for the joint Muriel Steele Society and Surgery Interest Group Meet & Greet! It was a great opportunity for students, faculty, and residents to connect over dinner.

Upcoming Event: End of Year Celebration!

Join Muriel Steele Society on Friday, May 16th, from 6 to 8 PM in CS-0101 as we celebrate our incredible MS4s—whether they're off to new adventures in residency or continuing their journey here at UCSF!

Celebrate our graduating students and connect with fellow medical students, residents, faculty, and colleagues in a relaxed setting.

Dinner and refreshments will be provided



Upcoming Event: Pre-Med Mentorship Event

Sign up for the mentorship program here:



Please join the Muriel Steele Society and UC Berkeley Pre-medical Honor Society Saturday, May 3rd from 2 to 4 PM in CS 1106 and 1109 for a relaxed afternoon of food and mentorship with aspiring future physicians! We're hosting a Pre-Med Mentorship event to connect UCSF medical students with UC Berkeley pre-meds who are eager to hear your stories and ask questions.

The event is open to all UCSF med students—whether you're a formal mentor through our program or just want to hang out and chat with pre-meds.

RSVP Here:





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AWS Updates

To all our faculty, residents, and trainees—don't miss out on the **invaluable resources** available through membership in the AWS.

If you have any questions or need assistance in utilizing your benefits, feel free to reach out to the MSS Communications Committee.

Upcoming Events

- AWS Clinical Practice Committee for the **Surgeons' Career and Leadership Professional Education Lecture Series (SCALPELS)**
 - May 15th from 8-9pm EDT: Alternate Career Paths-Coaching
 - May 22nd from 8-9pm EDT: Alternate Career Paths-Innovation
 - May 29th from 8-9pm EDT: Redefining Success Panel
- May 28th from 7-8pm EDT: Cutting Edge Conversation with AOSA: How to be an Ally

Opportunities

- **ASW Edition of American Journal of Surgery** abstract submissions due May 1st
- Nominations for **2025 AWSF Award** open through May 22nd to recognize exceptional women surgeons
- Apply for the **AWS Shining Star Leadership Coaching** by May 22nd
- For full details and event registration information, visit the **AWS Event Calendar**.

**Faculty:**

AWS colleagues invite you to join them as a member of AWS.

Residents:

All UCSF residents in the Department of Surgery are institutional members of AWS through UCSF—we encourage you to fully leverage the diverse range of benefits AWS membership offers.

Medical Students:

Medical students are encouraged to join AWS for a fee of \$25—becoming a member will provide multiple networking opportunities for students at AWS events.

AWS Benefits

Networking Opportunities:

Connect with a global community of female surgeons, fostering collaboration and mentorship.

Educational Resources:

Gain access to exclusive webinars, workshops, and publications to stay informed on the latest advancements.

Mentorship Programs:

Benefit from mentorship opportunities that can provide guidance and support at every stage of your career.

Career Development:

Access resources aimed at enhancing your professional skills and advancing your career in surgery.

Thanks for reading!

MSS Communications Committee:

Resident Leads: Alexis Colley, Fernanda Romero-Hernandez

Medical Student Lead: Allison Chang

Newsletter: Grace Kloss, Faaizah Arshad

Social Media: Alex Lopes, Rachel Huynh

If you have anything you would like to feature (articles, advice, work photos/achievements, family/personal photos/achievements, etc.) in our newsletters, please send an email to themurielsteelesociety@ucsf.edu.

The Muriel Steele Society is an inclusive community dedicated to inspiring, supporting, and promoting surgeons so they can thrive at all stages of their careers. We will be hosting events throughout the year to foster a strong community of allies and to achieve the goal of continued excellence at UCSF. Our overarching goal is to advocate for a culture of belonging that is focused on expanding the advancement of all surgeons. All surgeons and students interested in surgery are welcome. Please forward to anyone who you think might like to be included in the MSS. If you are interested in membership, please email us at themurielsteelesociety@ucsf.edu

For more information about the Muriel Steele Society, please visit our website.

Have an opportunity or event that you'd like to share with the MSS membership? Email us at themurielsteelesociety@ucsf.edu.

Want to become more involved with the Muriel Steele Society? Email us at themurielsteelesociety@ucsf.edu for more information.



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