



MURIEL STEELE SOCIETY

SEPTEMBER 2021 EVENTS AND UPDATES

Dear Muriel Steele Society Members,

Welcome to our new trainees! For those of you just joining UCSF, we are thrilled to introduce you to the Muriel Steele Society. The Muriel Steele Society is an inclusive community dedicated to **inspiring, supporting, and promoting women surgeons** so they can thrive at all stages of their careers. We will be hosting events throughout the year to foster a strong community of allies and to achieve the goal of continued excellence at UCSF.

As many of you know, each September is the AMA's **Women in Medicine Month**. This year, we are celebrating #WIMMonth by highlighting the **diversity and mentorship** of women surgeon trainees and faculty at UCSF. Thank you to all MSS members who submitted entries to make this endeavor possible. We are thrilled to feature you on our social media pages this month! You can follow us on Twitter (@UCSFMSS) and Instagram (@murielsteelesociety_ucsf). Here are a few teasers:



Maanasa Indaram, M.D.

Assistant Professor in Ophthalmology, Medical Director of Adult Strabismus and Pediatric Ophthalmology

“I love the **community**. I am constantly in awe of how much women surgeons are able to accomplish both professionally and personally, and how motivated everyone is to **support** each other's growth.”

“To **never shy away** from opportunities to **take the lead** and **be heard**. It's easy to succumb to imposter syndrome, but trust that a lot of people would want to hear what you say.”



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“[My favorite aspect of being a woman in surgery is] **challenging the stereotype** that you have to embody traditional masculine traits or diminish yourself as a woman to thrive in a traditionally male-dominated field. I like my colorful loupes and lead and scrub caps, I like wearing heels to clinic, and I like operating and taking care of patients!”

“**Take every opportunity** to learn something new about things you haven't been exposed to yet. You might be surprised at what ends up being your true passion!”



Clara Gomez-Sanchez, M.D.

Clinical Fellow, Vascular Surgery



Department of Surgery



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“I love being a female surgeon for many reasons but probably at the top of my list is being a **mentor** for trainees. Female surgeons need good mentors, people who they can look up to and envision becoming. It is an honor to be such a mentor and I work hard to model **compassionate, skillful** and **thoughtful care** for trainees.”

“There is no such thing as balance, only **boundaries**. In my experience, women do not need to hear the message that if they can just find a perfect balancing act that they can do it all. Rather, we need to hear the message that it's **okay to say no** and to **prioritize** the parts of our jobs that are most important to us.”



Jocelyn Chapman, M.D.

Assistant Professor in Gynecological Oncology



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We are excited for our upcoming **Wellness Event, “Responding to gender microaggressions.”** This event will be led by **Dr. Denise Davis** and **Dr. Scott Bauer**, who are part of the Veterans Affairs Gender Microaggressions Working Group. This group is comprised of 20 interprofessional VA faculty and trainees whose goal is to improve the climate of diversity, equity, and inclusion. In this workshop, we will share our experiences with gender microaggressions (building community with each other and allies), learn to address gender microaggressions when they inevitably happen, and learn several evidence-based approaches to build a more inclusive culture.

Date: Tuesday, September 28, 2021

Time: 6:30 pm – 8:00 pm

Zoom: [Link](#)

Meeting ID: 955 3869 3827

Password: 135309

We encourage the faculty to check out this year’s virtual [Faculty Development Day](#), an annual one-day event that provides resources to build community and enhance faculty life at UCSF. Included are plenary sessions, workshops, and informational resources that are relevant to faculty at all career stages but are particularly useful for new and junior faculty. The event will take place this coming **Tuesday, September 14.**

In the coming months, we will be sharing new, full-length spotlights. In the meantime, to read our prior **MSS Spotlights**, the interviews are uploaded [here](#) on the MSS website.

Looking forward, we will be hosting a Job Negotiation Panel on October 12th from 7-8pm. We will have panelists with multiple perspectives. Stay tuned for more information!

Thanks for reading!

Your **MSS Communications Committee**

The Muriel Steele Society is an inclusive community dedicated to inspiring, supporting, and promoting women surgeons so they can thrive at all stages of their careers. We will be hosting events throughout the year to foster a strong community of allies and to achieve the goal of continued excellence at UCSF.

All women surgeons or medical students interested in surgery are included in the society but we recognize that some women may have been inadvertently left out of these emails. Please

forward to anyone who you think might like to be included in the MSS. If you are interested in membership, please email us at themurielsteelesociety@ucsf.edu.

For more information about the Muriel Steele Society, please visit our [website](#) or follow us on [Twitter](#).

See what's coming up next on the [Muriel Steele Society's calendar of events](#).

Have an opportunity or event that you'd like to share with the MSS membership? Email us at themurielsteelesociety@ucsf.edu.

Want to become more involved with the Muriel Steele Society? We especially welcome women in other surgical departments to join our Executive Council! Email co-chairs Mika Varma (mika.varma@ucsf.edu) or Lucy Kornblith (Lucy.Kornblith@ucsf.edu) for more information.