



MURIEL STEELE SOCIETY

FEBRUARY 2021 EVENTS AND UPDATES

Dear Muriel Steele Society Members,

Happy February!

Last month, we did not host a Wellness Event due to the ABSITE and General Surgery Residency Interviews. For those of you who are still taking the ABSITE this week, GOOD LUCK!

This month, we are very excited for our **Annual Research Symposium** which will be on **Thursday, February 18, 2021** from **6-7 PM (PST)**. This year's theme is **"Using Social Media for Dissemination and Promotion"**. We are so excited to host three remarkable surgeons for the panel:

Dr. Julie Ann Sosa, MD, MA, FACS, Leon Goldman, MD Distinguished Professor of Surgery and Chair, Department of Surgery at UCSF (@Jasosamd)

Dr. Sharmila Dissanaiké, MD, FACS, FCCM, Professor and Peter C. Canizaro Chair, Department of Surgery at Texas Tech University Health Sciences Center (@DissanaikéMD)

Dr. Mara Antonoff, MD, FACS, Associate Professor of Thoracic & Cardiovascular Surgery at UT MD Anderson Cancer Center (@maraantonoff).

We will discuss how these surgeons utilize social media to promote published research and the work and accolades of other colleagues, residents, and medical students. The goal of this talk is to highlight how these platforms can promote equity within surgery and help us to collaborate, mentor and innovate in our respective surgical fields, especially during a time when we cannot physically be together. Thank you to **Caroline Melhado, MD** for spearheading this event!

[Zoom](#) Information:

Meeting ID: 971 4168 9915

Password: 583352

Looking forward, we are so excited to announce a series of (Zoom-based, of course) **Wellness Workshops** by **Nfinite Strength** for our March-May Second Tuesday Events! Stay tuned for more information!

March 9, 2021 - Alleviating Pain in the Workplace

April 13, 2021 - Stress and Time Management

May 11, 2021 - Regeneration and Release Workshop (Active Session!)

This month, we do not have a new **MSS Spotlight** to share. Instead, we want to know **who you want us to interview!** Please fill out this [form](#) and let us know who we should feature! To read prior Spotlights, the interviews are uploaded [here](#) on the MSS website.

Thanks for reading!

Your MSS Communications Committee

(J. Bautista, M. Boeck, M. Coleman, P. Conroy, L. Wong)

The Muriel Steele Society is an inclusive community dedicated to inspiring, supporting, and promoting women surgeons so they can thrive at all stages of their careers. We will be hosting events throughout the year to foster a strong community of allies and to achieve the goal of continued excellence at UCSF.

All women surgeons or medical students interested in surgery are included in the society but we recognize that some women may have been inadvertently left out of these emails. Please forward to anyone who you think might like to be included in the MSS. If you are interested in membership, please email us at themurielsteelesociety@ucsf.edu.

For more information about the Muriel Steele Society, please visit our [website](#) or follow us on [Twitter](#).

See what's coming up next on the [Muriel Steele Society's calendar of events](#).

Have an opportunity or event that you'd like to share with the MSS membership? Email us at themurielsteelesociety@ucsf.edu.

Want to become more involved with the Muriel Steele Society? We especially welcome women in other surgical departments to join our Executive Council! Email co-chairs Mika Varma (mika.varma@ucsf.edu) or Lucy Kornblith (Lucy.Kornblith@ucsf.edu) for more information.