



# MURIEL STEELE SOCIETY

## OCTOBER 2020 EVENTS AND UPDATES

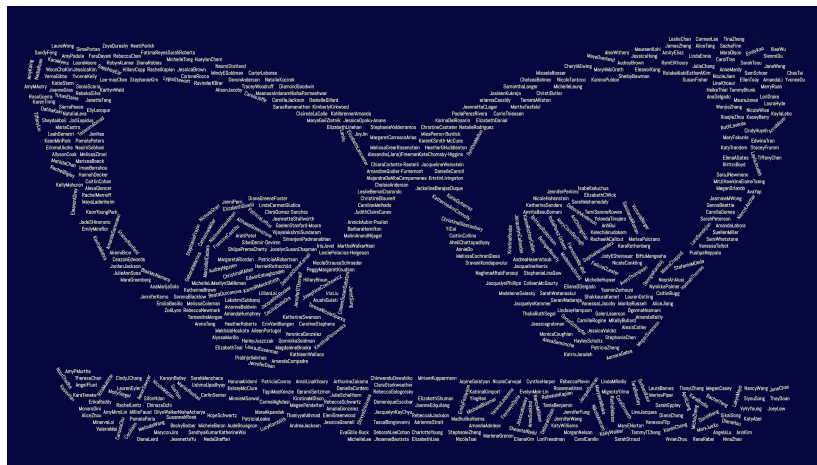
Dear Muriel Steele Society Members,

It's hard to believe it's already the Fall! We hope everyone is staying healthy.

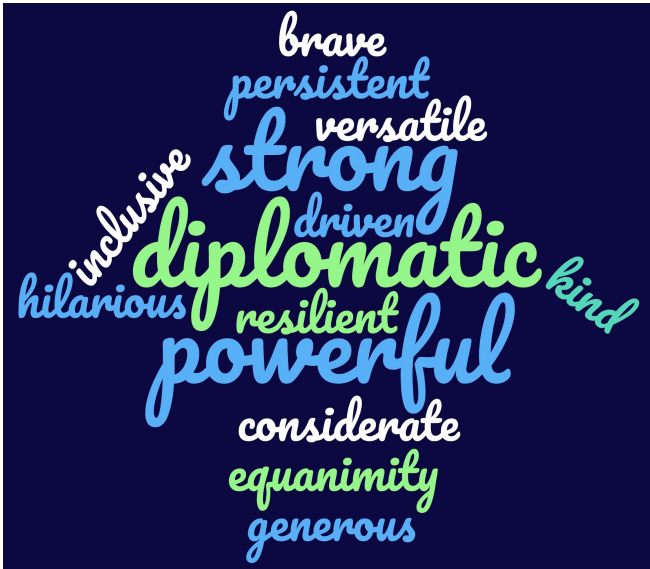
September was the American Medical Association's **Women in Medicine Month**, created to recognize the growing number of women in our profession.

Throughout the month, we highlighted the fantastic women surgeons in our Department via our [Twitter](#) (@UCSFMSS) and [Instagram](#) (@murielsteelesociety\_ucsf). We would like to extend a special thank you to **MS4 Sophia Hernandez** and **MS2 Feiyisayo Ojute** for running our social media platforms! Here are a few highlights from the month:

We have so many women in surgery here at UCSF that we had to get creative!



Last month, we asked “Think of a woman in medicine that has **inspired you**. What is a trait that describes her?”. This is what the MSS thought:



This is what MSS members think it would take to **achieve equity** for women in surgery:



This is what MSS members think is the **best thing** about being a woman in surgery:



We're also excited about our **Second Tuesday Wellness Events!** Every second Tuesday of the month, the MSS will host a Zoom-based Wellness Event.

Our next Wellness Event, which will be held on **Tuesday, October 13, 2020 from 7:00-8:00 PM** - this will be a virtual happy hour (informal!) [Zoom](#) get-together! Come say hello!

Meeting ID: 978 5523 7368

Password: 647406

We are excited to continue sharing **The MSS Spotlights**. Our fourth spotlight features Dr. Jade Hiramoto as interviewed by our medical student Iris Liu. An excerpt is below and the whole interview will be uploaded [here](#) on the MSS website.

THIS month, we are excited to host **Dr. Melina Kibbe**, Chair of the Department of Surgery at UNC, who will be joining us at UCSF (virtually) for the Annual Resident Research Symposium on **October 28, 2020**. The MSS will be hosting a lunchtime conversation with Dr. Kibbe, which will be limited to Department of Surgery Members.

Some future events to look forward to (more details to come!): **Leadership Coaching** (December 2020) and a **Symposium on Social Media and Research** (Early 2021).

Lastly, we have included an [article](#) published a few months ago in *JAMA Surgery*. In this article, the authors review the current status of women in surgery along with detailed recommendations for rectifying gender disparities. Table 1 is particularly worth taking a look at!

Thanks for reading!

Your **MSS Communications Committee**

(J. Bautista, M. Boeck, M. Coleman, P. Conroy, L. Wong)

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## Muriel Steele Society Spotlight Series

Dr. Jade Hiramoto

Interview by Iris Liu

### What is one thing you know now that you wish you had known during training?

**JSH:** When I was in residency, I thought of it as this very defined time when you were going to learn everything you needed to know to be the surgeon that you were supposed to be. And I think that I should have realized that residency is just the beginning of this lifetime of training and learning. Looking back, I probably would have changed my perspective a little bit.

**IHL:** I imagine it would have been hard to know at the time, since it just wasn't the culture then.

**JSH:** Right. At the time there were no duty hours. Like a lot of people then, I was just totally immersed in training. I missed out on a lot of really important events – milestone events, weddings, important celebrations – and I wish I knew that I didn't have to miss out on those things. There's time for it.

### Who do you admire?

**JSH:** I admire a lot of people, many for different reasons, so I'll tell you what traits I admire in people. I admire people who are honest and straightforward, those with integrity and committed to doing what they do – whatever it is – whether they are a surgeon, in the food industry, the arts.... A commitment to their work and their vision.

I also admire people who have a bigger vision, a greater vision, and are willing to take risks to get to that point. People who think big and think broadly and who have the ability to take these calculated risks to get there... I really admire that. You have to really believe in yourself. It's a hard thing to do, to not only think transformatively, but to actually get there. That's pretty cool.

### If not surgery, then what?

**JSH:** To be honest, if I weren't a surgeon, I'd still be a doctor. I'd still be in medicine. I'd probably still do something with my hands, something procedural. I've always been drawn to medicine. Ever since I was a kid, I don't know why, it just seemed like a natural thing! I don't have any physicians in the family, but for some reason ever since I was 5 or 6 years old I was always like, "Oh yeah, I think I'm going to be a doctor."

**IHL:** Wow you really manifested your childhood dream! But what if you couldn't be a doctor?

**JSH:** I'd probably be in some kind of a service industry. For the longest time when I was growing up, I wanted to own a restaurant. I wanted to feed people the food I grew up with— this

combination of Japanese, Chinese, Hawaiian, American food. So, I always wanted to own a restaurant but realized it was too tough of a business and a labor of love. But I loved the food and the cooking and bringing everyone together.

The rest of the interview will be uploaded [here](#) and features her perspectives on alternative career choices and her inspirations.

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The Muriel Steele Society is an inclusive community dedicated to inspiring, supporting, and promoting women surgeons so they can thrive at all stages of their careers. We will be hosting events throughout the year to foster a strong community of allies and to achieve the goal of continued excellence at UCSF. All women surgeons are included in the society but if you are interested in getting involved in the council, please email Drs. Kornblith and Varma.

For more information about the Muriel Steele Society, please visit our [website](#) or follow us on [Twitter](#) (@UCSFMSS) or [Instagram](#) (@murielsteelesociety\_ucsf).

See what's coming up next on the [Muriel Steele Society's calendar of events](#).

Have an opportunity or event that you'd like to share with the MSS membership? Email us at [themurielsteelesociety@ucsf.edu](mailto:themurielsteelesociety@ucsf.edu).

Want to become more involved with the Muriel Steele Society? Email co-chairs Mika Varma ([mika.varma@ucsf.edu](mailto:mika.varma@ucsf.edu)) or Lucy Kornblith ([Lucy.Kornblith@ucsf.edu](mailto:Lucy.Kornblith@ucsf.edu)) for more information.