



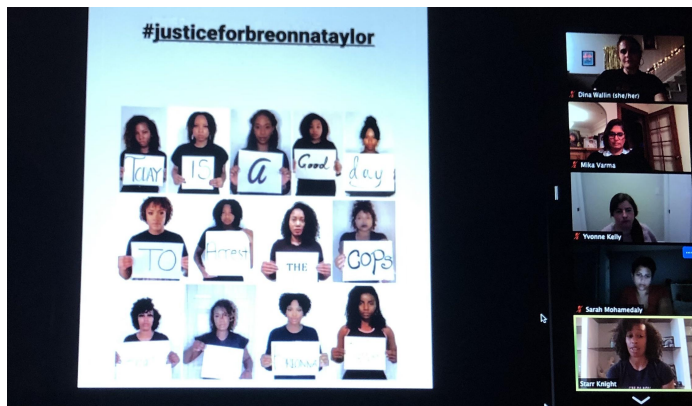
MURIEL STEELE SOCIETY

AUGUST 2020 EVENTS AND UPDATES

Dear Muriel Steele Society Members,

We hope everyone is continuing to stay healthy and safe!

This week, we were fortunate to have **Drs. Starr Knight, Tomás Díaz,** and **Dina Wallin** from the UCSF Department of Emergency Medicine host a seminar on “Racial Inequality, Injustice, and Anti-Blackness”.



It was a wonderful opportunity to come together to discuss emotions around current events and think about action-items moving forward. We look forward to having them back at future MSS events! Dr. Knight has shared additional resources, which can be found [here](#).

Our medical student team has put together an excellent summary of upcoming opportunities from the **Association of Women Surgeons National Medical Student Committee** that you may be interested in. Please see more information at the bottom of this email.

We are excited to continue sharing **The MSS Spotlights**. Our second spotlight features Drs. Wustrack and Schroeder as interviewed by our medical students Kara Tanaka and Natalie Kucirek. An excerpt is below and the whole interview will be uploaded [here](#) on the MSS website.

We are also pleased to introduce our new **Second Tuesday Wellness Events!** Every second Tuesday of the month, the MSS will host a Zoom-based Wellness Event. Our first “Second Tuesday” is next week: **Tuesday, August 11** from **7:15-8:15 PM** where we will host **“What I Wish I Knew as an Intern”**. Following that, we will alternate each month with “water-cooler”, informal Zoom get-togethers and Wellness events with specific themes and structure.

We also look forward to next week's **Department of Surgery Grand Rounds** (Wednesday, August 12, 2020 from 7-8AM) titled "**Social Media, Professionalism, and Unconscious Bias in Academic Surgery: A UCSF Department of Surgery Town Hall**". Given by Drs. Conte and Hiramoto in the Division of Vascular Surgery, this Grand Rounds will discuss the recent #MedBikini movement.

Lastly, we have included an [editorial](#) published this week in *JAMA Surgery* by **Dr. Melina Kibbe**, Chair of the Department of Surgery at UNC (and who will be visiting us virtually for our rescheduled Resident Research Symposium on October 28th). In this editorial, Dr. Kibbe examines the differences in publications between men and women during the COVID pandemic thus far. Very interesting (and quick) read!

Thanks for reading!

Your **MSS Communications Committee**
(J. Bautista, M. Boeck, M. Coleman, P. Conroy, L. Wong)

Muriel Steele Society Spotlight Series

Drs. Nicole Schroeder and Rosanna Wustrack

Interview by Natalie Kucirek and Kara Tanaka

Question 1: What's one thing you know now that you wish you would have known during training?

NS: You can't have it all. You go through training thinking at some point in your life everything is going to be perfect and that everything is going to fall together in place, but, there's never the right time. You push things off down the road, saying, 'there'll be a better time later or at different point of my career,' but there is not. So just move forward with your plans, whatever they are.

RW: I agree – you can't have it all. There are only 24 hours a day and seven days in a week so you might not be able to achieve the same level of excellence in every single aspect of your life, but that's ok. If I could go back to training, I think I wouldn't be afraid to look like I didn't know what I was doing, because 99.9% of the time I didn't know what I was doing, and I still don't sometimes, but when you put yourself out there, that's when you grow the most. So, I wish I had not been afraid to show my ignorance more often.

NS: Good one Rosie.

Question 2: Who do you admire?

RW: Dr. Schroeder.

NS: Oh, come on! (laughing) I always admire the people that are a quadruple threat in academic medicine because it's amazing to see those people run. So, in the field of orthopaedics, particularly when you see women who have families and then can continue to do research and be excellent clinicians and be great educators, I find those people so impressive. And in our field, for me, that's Anne Van Heest and Dawn LaPorte and Dr. Wustrack somehow manages to do it. So those are the people I really admire in medicine.

RW: One person that comes to mind is one of my mentors from fellowship, Carol Morris. She's an orthopaedic oncologist at Johns Hopkins. One of things I really admire about her is that she wasn't afraid to give tough feedback in a very non-emotional, these-are-the-facts way, but then also moved on from it really well. So, if you are on the receiving end of that, you didn't feel like you were in the doghouse forever. That's something I'm terrible at! I'm very good at giving positive feedback. I'm very bad at giving negative or constructive feedback. I really admire that she is able to do that and maintain relationships and it's not the end of the world.

The rest of the interview will be uploaded [here](#) and features their perspectives on alternative career choices and their inspirations.

Upcoming opportunities from the **Association of Women Surgeons National Medical Student Committee** that you may be interested in:

- **AWS Virtual Annual Conference “Strength in Diversity”** will be held virtually over two days- Sep 12th, 10am-2:20pm ET and Oct 3rd, 12pm-4:25pm ET. This year's conference will feature inspirational lectures and panels, virtual mixers, presentations on topics such as intersectional identities, microaggression, diversity, and fun events like yoga. Registration can be found [here](#).
- **Virtual Tweetchat.** On Sep 21st, 8pm ET, the AWS Med Student Committee will be hosting a Tweetchat related to Virtual Interviews! If you're active on Twitter (or keen to join!), we'd love for you to participate. Even if you just follow along, we expect you'll acquire many pearls of wisdom from program directors around the country.
- **AWS Research Methods Workshops Series.** We are coordinating a bimonthly series of online, interactive workshops aimed at the development of knowledge and understanding of research methods. Each workshop will centre around a specific methodology theme i.e. systematic review, qualitative, mixed-methods etc... Register your interest [here!](#)
- **COVID-19 Resources for MS4s.** To support students applying to surgical residency in the time of COVID, AWS has compiled a list of resources/webinars from various programs around the country. Check out the growing list [here!](#)
- **CV/Personal Statement Webinar.** On June 14th, the AWS Medical Student Committee hosted a CV and Personal Statement workshop with Dr Karen Brasel (PD General Surgery at OHSU), Dr Lily Chang (PD General Surgery at Virginia Mason Medical Center) and Dr Stacey Gray (PD Otolaryngology at Harvard). Many important pieces of knowledge- the recorded webinar can be viewed [here](#).

We hope you find some of these resources and opportunities useful! If you have any further questions, please email Hannah.thomas@ucsf.edu.

The Muriel Steele Society is an inclusive community dedicated to inspiring, supporting, and promoting women surgeons so they can thrive at all stages of their careers. We will be hosting events throughout the year to foster a strong community of allies and to achieve the goal of continued excellence at UCSF. All women surgeons are included in the society but if you are interested in getting involved in the council, please email Drs. Kornblith and Varma.

For more information about the Muriel Steele Society, please visit our [website](#) or follow us on [Twitter](#).

See what's coming up next on the [Muriel Steele Society's calendar of events](#).

Have an opportunity or event that you'd like to share with the MSS membership? Email us at themurielsteelesociety@ucsf.edu.

Want to become more involved with the Muriel Steele Society? Email co-chairs Mika Varma (mika.varma@ucsf.edu) or Lucy Kornblith (Lucy.Kornblith@ucsf.edu) for more information.