

Dear Muriel Steele Society Members,

Greetings and Happy Spring! As the weather warms up and the flowers begin to bloom, we're excited to share some updates with you. In this edition of our newsletter, we have some exciting news and events to share that we hope will be of interest to you!

University of Liverpool alumna publishes story of her career as a pioneering female surgeon



Photo credit: Kathryn Cusimano

As the International Women's Day has just passed, we would like to share a very interesting article about the UK's first female vascular surgeon and first female professor of surgery, who has recently published her book "Life in her hands." This book is a powerful memoir that reflects on her remarkable journey and the challenges she faced as a woman in a maledominated profession. To complement the article, there is also a lovely video that provides an intimate look at her life and career. We hope you enjoy this inspiring story!



Have you ever wondered why there is a gender disparity in the upper echelons of the medical profession? A recent article by Jennifer R. Grandis, Distinguished Professor of Otolaryngology-Head and Neck Surgery at UCSF, explores how malefocused networking in medicine is preventing female colleagues from reaching top jobs. Through a survey of over 100 individuals in academic medicine, Grandis discovered that women are consistently excluded from important networking activities like watching sports, drinking at bars, and playing golf. These male-dominated networking activities, which have long



been considered key to building professional relationships and advancing one's career, are leaving many women behind.

Read more >



MATCH DAY

On March 17th, one of the most anticipated days in the medical community, the Match Day, finally arrived, and it was filled with excitement and anticipation. We are thrilled to announce that UCSF welcomed a new class of interns in General, Vascular, and Plastic Surgery, marking the beginning of their journey as surgical residents.











The University of California, San Francisco Department of Surgery has launched the "<u>Parenting in Surgery</u>" initiative in collaboration with the Muriel Steele Society, the Office of Graduate Medical Education, and the UCSF Lactation Accommodation Program, to support family planning during surgical training.

The initiative aims to create a culture of understanding, share best practices, and develop innovative strategies to advocate for parent surgeons while promoting diversity, equity, inclusion, and the well-being of faculty and learners.



<u>Family Planning During.</u> <u>Surgical Training Policy</u> <u>Guidelines on Family Leave</u> <u>for Surgical Trainees</u> <u>Lactation Wellness</u> <u>Policy</u>

Comprehensive
guidelines and best
practices, to navigate
family planning (preconception
considerations,
postpartum recovery,
return to work, etc)

Guidelines to help decipher the American Board of Surgery policy on Family Leave for Surgical Trainees (both for residency and fellowship training)

Guidelines for lactation-oriented wellness among faculty and surgical trainees.

<u>Lactation Fund</u> <u>for Trainees</u>

Commitment will cover the expense of lactation supplies of up to \$500 per resident.

Mentors for New Surgeon Parents

Direct support from another surgeon who can offer experience-based advice. Open for both faculty and trainees.

Register to be a mentor



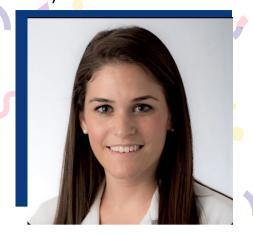




This is just the beginning of the journey as we continue to learn and evolve as a program, department, and community.

-Dr. Lan Vu

Congratulations to Dr.Hillary J. Braun for being selected as UCSF Health Exceptional Physician REcipient for the academic year 2022-23





We are really excited to announce that Dr. Camille Jackson will be officially joining our faculty as an Assistant Professor of Clinical Surgery and Vascular Surgeon at Highland Hospital in the East Bay. Welcome!

Congratulations to Dr. Jacquelyn (Alex) Knox for being accepted into the competitive Surgical Education Research Fellowship



Thanks for reading!

Your MSS Communications Committee

Save The Date

Parent Mentorship Program Launch Party at "The Porch" in Spark Social. Partners and families are welcome, and we will have a play area for young children at the party! If interested and haven't RSVP send an email to <u>ava.yap@ucsf.edu</u>



Family Building in Medicine with Dr. McQueen and Dr. Noel as guest speakers at 7 pm.



FROM MSS MEMBERS











If you have anything you would like to feature (articles, advice, work photos/achievements, family/personal photos/achievements, etc) in this new section of our newsletters, please send an email to themurielsteelesociety@ucsf.edu.

Vant to become more involved with the Muriel Steele Society? We especially welcome women in other surgical departments to join our Executive Council! Email co-chairs Mika Varma (mika.varma@ucsf.edu) or Lucy Cornblith (Lucy.Kornblith@ucsf.edu) for more information